

### Abstract of the Disclosure

A cover assembly for a foldable sleeping mat includes a mat case with top and bottom fabric panels having joined side edges and joined end edges. The bottom panel defines a lateral opening for receiving the sleeping mat inside the mat case. A blanket is attached to one end of the mat case, and has a free end adapted for covering a user lying on the sleeping mat. A pocket is provided for releasably holding the free end of the blanket to the mat case with the blanket in a substantially spread out condition over the sleeping mat. The blanket, mat case, and sleeping mat are folded together in overlying sections when storing the sleeping mat for later use.